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KIDSAFE UK  
*Registered School*

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## **What is Kidsafe?**

An age appropriate scheme with child friendly messages, delivered through a variety of approaches including:-

Group work

Active participation

Help from KS the puppet

Games

Exercises and worksheets

# Week One

## Trust and Keeping safe

- ▶ How do they already keep safe?
- ▶ Feelings – What makes us HAPPY? Where do we feel it? OTHER FEELINGS, anger, sad, worried, scared,
- ▶ Where do we feel this on our bodies?
- ▶ These feelings are YUKKY



# Week 2

## Bullying

- ▶ What does it mean?
- ▶ How to STOP bullying
- ▶ Identify five trusted adults – School & Home
- ▶ Saying No – using our voices – Say no, walk away and tell someone



# Week 3


## Internet Safety

- ▶ KS is going on a computer when he is not allowed!
- ▶ Discussion about computer safety.
- ▶ Looking at Film and gaming classification
- ▶ KS Scenario – DVD at a friend's house – over KS's age



# Week 4

## How to keep our bodies & private places safe

- ▶ Children learn rules for keeping private places safe.
  - ▶ Children learn that it is ok for doctors, mum, dad to see them at bath time or if they are ill.
  - ▶ The children learn about secrets and which ones are good secrets and which ones are bad.
  - ▶ Secrets are one of the main reasons abusers get away with abusing children, they are told to keep it a secret!
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# Week 5

## Family Disputes

- ▶ KS upset because he has heard his parents arguing again – what can he do?
- ▶ Sometimes it is our trusted adults that can give us Yucky feelings .
- ▶ Children are reminded that there are other people they can talk to.



# Week 6

## ► RECAP



► Its really good to have someone to trust!



Any Questions ?

